

Date: May 22, 2015
To: Child and Adult Care Food Program Authorized Representatives
From: Community Nutrition Team
Subject: Now available in Spanish! Nutrition and Wellness Tips for Young Children: Provider Handbook for CACFP

Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program was developed by the Department of Agriculture (USDA) and the Department of Health and Human Services (HHS) to help CACFP child care providers create healthier environments for the children in their care.

Now available in English and Spanish, this popular resource includes tip sheets, success stories, and other information on topics such as building healthy plate with fruits, vegetables, whole grains, and beans, encouraging physical activity and active play, limiting screen time, food safety and more. Download it today at:
<http://www.fns.usda.gov/tn/nutrition-and-wellness-tips-young-children-provider-handbook-child-and-adult-care-food-program>

Community Nutrition Team
Wisconsin Department of Public Instruction

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